CONTEST WINNERS

Match the Baby Contest Winner

Charsey James was the *GRAND PRIZE WINNER* of the Match the Baby Contest. Charsey won a Visa Gift Card! Congratulations, Charsey!



The runner-up winners were:

Nathan Holycross, Nate Johnson, Jessica Sayers, Collin McGraw, Emma Rubenow, Ellie Daniels, Olivia Rideout, Haley Whetone, Sarah Bridgeman, and Abigail Pyle.

Your Favorite Holiday Picture Contest!

Submit a picture that shows us the best thing about your favorite holiday. Pick any holiday from Valentine's Day to New Year's Eve and anything in between. The winner will receive an iPad mini or a Visa gift card. Please check for further details in office or on our website. Please email or bring in your entry by **December 31st.**

Where in the World Are Dr. Homon's Patients?



Dylan Williams is this quarter's **GRAND PRIZE WINNER.** Dylan was showing off his Dr. Homon gear while having a blast at

the Monster Truck Show!

Have your picture taken in a Dr. Homon T-shirt while participating in a sporting or charity event, on vacation, or even on a field trip. We select a winning picture each quarter. Submit your photos to newsletter@homonorthodontics.com by *December 31st.* The *GRAND PRIZE WINNER* will receive an iPad mini or Visa Gift Card!

Check out www.drhomon.com for helpful information!

> 10401 Sawmill Parkway, Suite 50 Powell, Ohio 43065

James Homon, DDS, MS
Practice Limited to Orthodontics

IFISIAILES)

JAMES HOMON

Practice Limited to Orthodontics
Board Certified



OFFICE INFORMATION

MONDAY 8:30 am - 5:30 pm

TUESDAY 8:30 am - 5:30 pm

WEDNESDAY 8:30 am - 5:30 pm

THURSDAY 8:30 am - 5:30 pm

POWELL 614-932-9356

DELAWARE 740-417-4985

Visit www.drhomon.com for information about:

- Appointments
- Account Information
 - Insurance
 - Home Care
- Brushing and Flossing
 - First Aid



VOLUME VII - ISSUE 8 OCTOBER 2015

GOT HEADACHES? WE HAVE ANSWERS!



PAPER THIN DIGITAL SENSOR THAT FITS BETWEEN THE TEETH

Do you or someone close to you suffer from chronic headaches? New advancements have increased our understanding of the cause behind these headaches. It has been discovered that imbalances in the muscles of the head, neck and jaws overstimulate the headache center of the brain. When this area is overstimulated, then even normal sensations such as stress, light, or smell can trigger the onset of a chronic headache. Many people manage these headaches with pain medication. However, prolonged use of any pain medication is not the answer and actually will make the pain worse over time.

There are two main causes for the types of muscle imbalances that lead to headaches. The first is traumatic injury to the head and neck; auto accidents are the most common source of these injuries. The second is having a bite that does not fit together properly. When a bite does not fit together correctly, there are small traumas or injuries that occur with every bite. These small traumas add up over time and damage the muscles and joints, putting them out of balance.



DIGITAL BITE ANALYSIS SOFTWARE



DIGITAL RANGE OF MOTION STUDY

Modern advancements in digital bite analysis have greatly increased our ability to pinpoint traumatic bites. Once detected, these detrimental bite relationships can be corrected. By combining the healing principles of physical therapy to the injured and imbalanced muscles with our ability to create ideal bites, we have found a unique way to naturally cure those pesky chronic headaches without the need for pain medication.

Please contact us for more information so that we can help alleviate your headaches.

WHO'S IN THE ... PATIENT SPOTLIGHT



ETHAN BIRDEN JR.

Ethan Birden Jr., a 5th grader at Hilliard Horizon Elementary, won the 2015 OH-Way State Wrestling Championship and the Most Valuable Wrestler award in Division 3 68 lb. weight class on March 21,2015. The following week he won the Ohio Athletic Conference (OAC) Grade School State Wrestling Championship in Division 3 68 lb. weight class. He wrestles for the Palmer Wrestling Club of Columbus. Pin'em, Ethan!



Lyssa joined her middle school track team at Genoa Middle School in Westerville. She loved competing and her times improved every week! She won the silver medal in in the 100m, 400m and 800m at the state meet at Dublin Scioto. Congratulations, Lyssa!



KAILEE HISS

On Labor Day weekend, Kailee was crowned Miss Ox Roast. This was her third time competing in the pageant, going through a variety of interviews and questions from the judges to win. As Miss Ox Roast, Kailee will travel around Ohio to speak to crowds at other festivals about the Ox Roast. She will also attend various other queens' luncheons to act as a representative for the Ox Roast. Enjoy your reign, Kailee!



ANTHONY SCIULLI

On March 28, 2015, Anthony competed in the Ohio Gymnastics State Competition in Cleveland, Ohio and placed 11th in the Level 7 Men's All Around, with a 3rd place finish on Pommel Horse and a 4th place finish on rings. He qualified to compete on April 12th in the Region V competition that brought together state

qualifiers from Ohio, Kentucky,
Indiana, Michigan, and Illinois.
Way to go, Anthony!



LAINEY RAMSIER

Lainey is a level 4 member at Gym Extreme. She recently made the TOPS Diamond Team. Keep flying high, Laney!



TRISTAN RENNER

Tristan is a member of the United States Navy.
We thank you for your service to our country and wish you the best of luck!

WE WANT TO HEAR ABOUT YOU! Send a photo and caption to newsletter@homonorthodontics.com.

Staff Profile - Featuring Stacy Wilson



Stacy is a Scheduling Coordinator and has her x-ray certification.

Stacy feels lucky to have grown up in a variety of places, including Ohio, Alaska, Tennessee and North Carolina.

She is married to Mike, a 27 year US Army veteran. They have two grown sons. Jared works in Dublin and Tristan is in the US Navy. Now that she has more time on her

hands, Stacy is rediscovering old hobbies and setting new goals.

Stacy enjoys hiking and camping. She is the youngest of five siblings. She also enjoys watching UFC fights.

Stacy and her husband enjoy traveling. They have set a goal of visiting all the seashores and National Parks in the country.

Get to Know Dr. Carr

Dr. Carr and her husband Justin moved into their first home about two years ago. Now that they are settled in, they have been working on sprucing up the yard for the past year.

Dr. Carr really enjoys gardening. She finds researching and selecting plants for her landscape to be very relaxing and enjoyable. Gardening has become one of her favorite hobbies. Her favorite tree is her Japanese maple which her husband picked out for their backyard. Dr. Carr also loves hydrangea and has four different varieties in her landscape. She sees many of her patients and their parents out at the local garden centers while she is looking for inspiration!



Hydrangea

Congratulations!



Homon Orthodontics welcomed its newest member on May 30th, 2015, at 1:50pm, Jace Scott Arthur Burton was born to Taylor (a Delaware clinical assistant) and Joe Burton. He weighed 6.6 pounds and was 19 inches long.

Jace has 3 big brothers: Tristan, Eric and Carter. Welcome to the family, Jace!

STAY CONNECTED



facebook.com/hom0northodontics



Twitter: @JamesHomonOrtho



Instagram: @homonorthodontics



youtube.com/user/Homonortho

